



Seasons of Hope

A Catholic Support Group for those who are grieving

**held at Our Lady of the Assumption
Administration Center**

Tuesday evenings, 6:00-7:15 pm

Beginning September 14, 21, 28, October 12, 19, and 26

Please begin attending at any time!

This group is for you if any of these are true:

- You have lost a loved one in any situation
- You are looking for friends in Christ to share your journey
- You've been trying to figure out the meaning of your grief
- You want to get on with life but haven't been able to
- You find comfort in the teachings of Christ
- You are open to new ways of coping with your grief

Pre-registration is requested, but not mandatory.

Contact Gayle at 608-289-9341, Tina at 815-289-9341

or Laura at the OLA office 608-362-9066